

Agenda

- Chairman's welcome
- Apologies for absence
- Matters arising from minutes of Feb 2023 AGM
- Officer's reports:
 - a) Chairman's report (John Henke)
 - b) Review of Club Constitution & Policies
 - c) Election of officers for 2024
 - d) Treasurer (Nazar Zaidi)
 - e) Membership Secretary (Sarah Coltman)
 - f) Kit Manager (Stephen Hobbs)
 - g) Jog/Walk and Social (Andreas Schwartz)
 - h) Social Secretary (Morgan ZV)
 - i) Social Media (Yasmin Shahrads)
- Club Charity 2024 (Linda, Mauro, John)
- Approval of Club Subscriptions for 2024
- Any other business

Activities

- Wednesday evenings
 - Interval training
 - Jog Walk
 - Track Night
 - Marathon forums
 - parkrun pacing
 - Sunday morning runs
 - Mid-Week League
 - Cross Country
 - Autumn 10k
 - London Marathon
 - Vitality London 10,000
 - Watford Half
 - 'Tastic (Panos/Katerina), plus competitions
- 

Communications



WEB PAGE



FACEBOOK



WHATSAPP



EMAILS



WEEKLY
REPORTS

West Herts

Function room & bar now run in-house.

Changing rooms.

WJ subscriptions to West Herts 2023 & 2024 £4,400

Policy & Procedures

Constitution

Inclusion

Privacy Notice

Social Media
Policy

H&S

Incident
reporting

Club discipline
and appeals

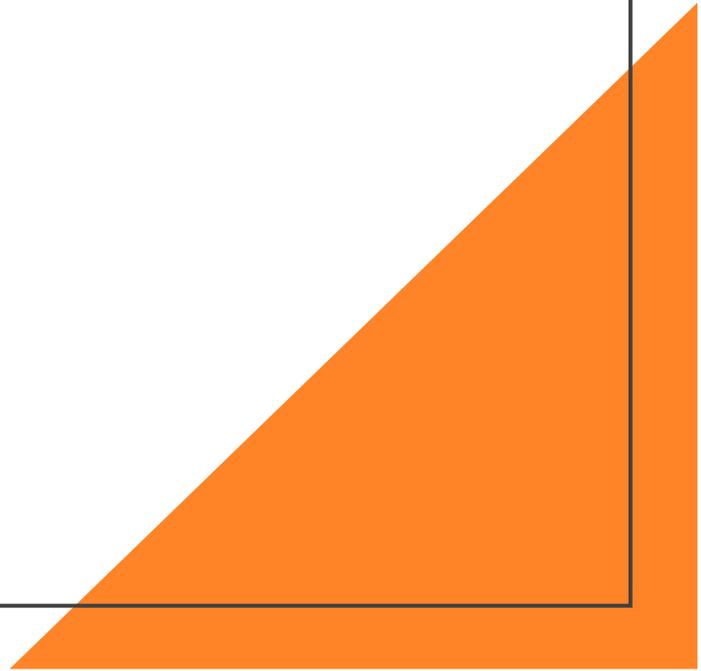
Code of
conduct for
coaches

Code of
conduct

Welfare
Officer role

Constitution

- Free subscription for members reaching the age of seventy in the club year who have paid annual subscription for preceding five years.



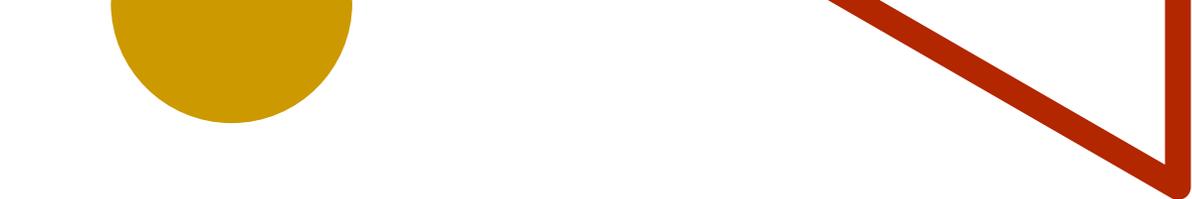
Welfare Officers

Lucy Glass

Andy Lord

Committee

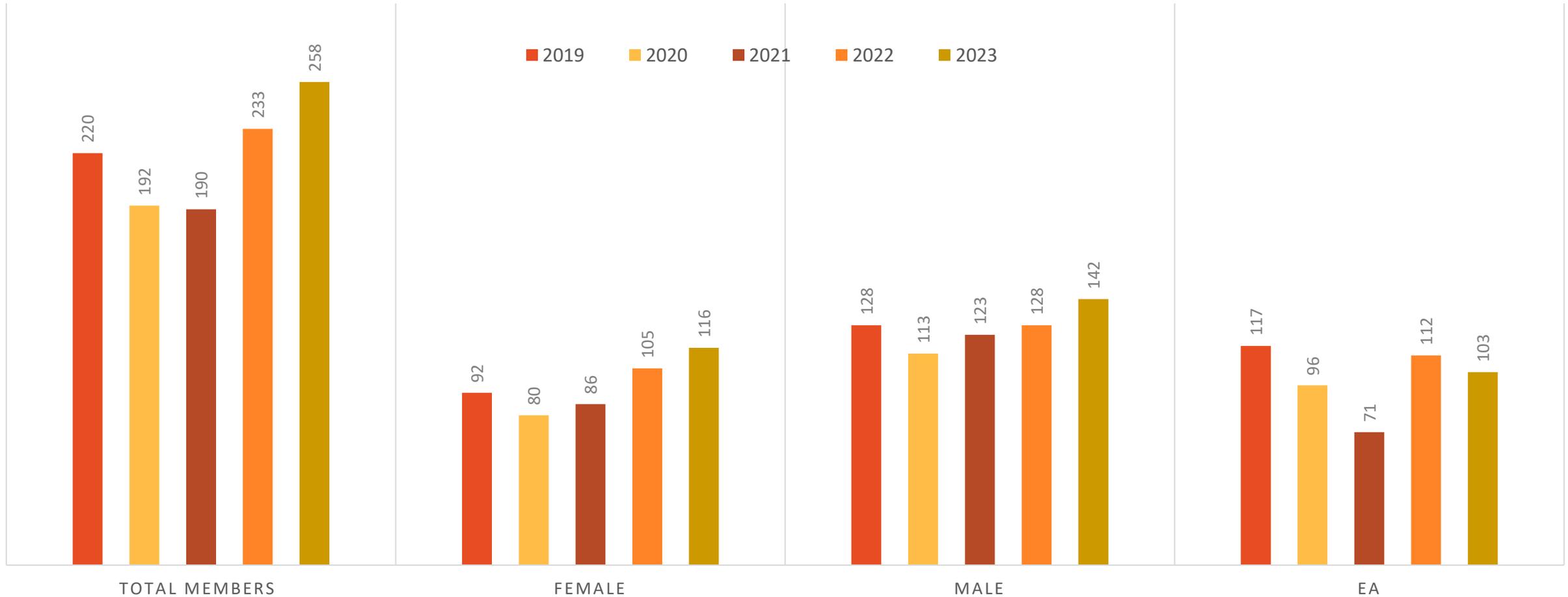
NAME	ROLE	RE-ELECTION / NEW
Colin Taylor	President	Re-election
John Henke	Chairman	Re-election
Paul Hogan	Deputy-Chairman	Re-election
Sarah Coltman	Membership Secretary	Re-election
Vicky Williams	Club Secretary	Re-election
Yasmin Shahrads	Social Media	Re-election
Katerina Fellas	Web Site Manager	Re-election
Lucy Glass	Welfare	Re-election
Stephen Hobbs	Kit Manager	Re-election
Nazar Zaidi	Treasurer	Re-election
Andreas Schwarz	Social Secretary	Re-election
Morgan Zagerman Vaughan	Social Secretary	Re-election
Anatole Ransom	Charity coordinator	Re-election
Robert Kenison	Committee Member	Re-election
Marcus Edwards	Committee Member	Re-election



Membership stats

- Total 258
 - Single 215
 - Family 21
 - Life 22
 - Male 142
 - Female 116
 - England Athletics 103
 - New 53
 - Renewed 205
 - 5 years plus 111
- 

WJ membership stats over last 5 years



Notes to the Accounts 2023-2024

- Space on the slides doesn't allow to show analysis (more detail is on our web site)
- Accounts are on cash basis. We don't accrue or prepay anything
- We don't have profits, just surpluses of income over expenditure
- Kit and equipment are written off as purchased
- Our asset base is what we have in the bank and in our Stripe merchant account
- The club has been steadily building up its total funds over a number of years
- The committee has agreed to focus on reducing our cash balance over the next few years

Watford Joggers Simplified Accounts 31/1/24

Income

Membership	£6,434.00
Fundraising	£7,806.80
Kit	£2,137.00
England Athletics (Members)	£1,675.00
Race activities	NIL
Coaching / Track hire	NIL
Social	£5,004.00
Charity	£1,382.10
Total	£23,986.90

Expenditure

Running Costs	£5,728.33
Fundraising	£2,201.38
Kit	£4,298.46
England Athletics (Members)	£1,698.00
Race activities	£1,693.85
Coaching / Track hire	£1,379.33
Social	£5,379.45
Charity	£1,725.00
Total	£25,225.10

Decrease in Funds £1,238.20

Total funds on account £20,058.48



Accounts Audit

Thank you to Richard Bird for ongoing audit
of accounts

Social Media



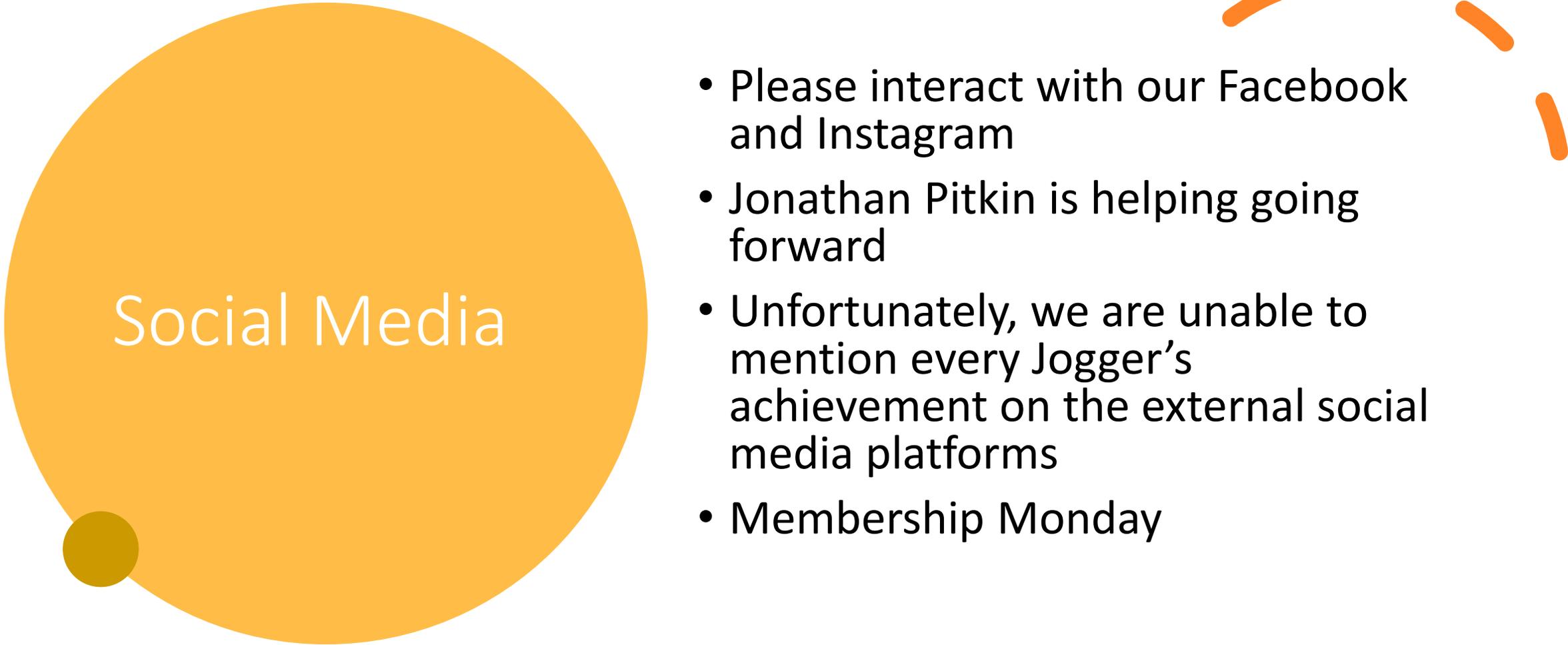
OUR EXTERNAL FACEBOOK
AND INSTAGRAM ARE USED TO
INCREASE PUBLIC AWARENESS
OF THE CLUB



THEY ARE ALSO USED TO
GENERATE INTEREST FOR
OUR AUTUMN 10K



LAST YEAR WE HAD MORE
THAN 300 PEOPLE SIGN
UP FOR THE AUTUMN 10K



Social Media

- Please interact with our Facebook and Instagram
- Jonathan Pitkin is helping going forward
- Unfortunately, we are unable to mention every Jogger's achievement on the external social media platforms
- Membership Monday

Jog/Walk Leaders 2023

- During, 2023 all Wednesday's have been covered by members coming forward to lead Jog/Walk
- No one individual stands out, it has been a collective club effort
- Jog/Walk leader is one of the club's criteria for the London Marathon Ballot
- Jog/Walk is a vital element for our club to be inclusive for all, no matter how slow or fast runners are
- Thank-you all so much, please continue to support Jog/Walk

Watford Joggers Social Events

- 8th February 2023 - Annual General Meeting
- 8th March 2023 - Watford Joggers Annual Awards Night
- 21st April 2023 - Pasta Party at Fratelli, Watford Town Centre
- 5th May 2023 - Charity Bingo Night in support of Playskill
- 13th August 2023 - Watford Joggers Family Barbecue
- 10th November 2023 - Charity Quiz Night in support of Playskill at Merchant Taylors
- 1st December 2023 - Christmas Party at Masala Bowl, Rickmansworth

Kit Manager

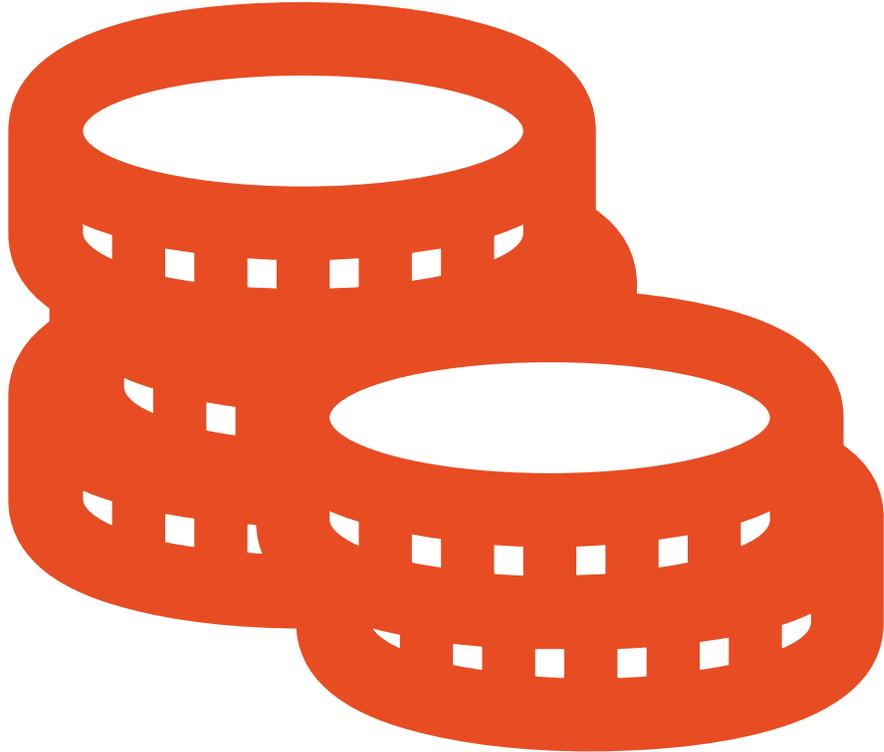
Unsurprisingly Harlequin tops are the best sellers:

- Men's Harlequin Vest 23
- Men's Harlequin T-Shirt 20
- Ladies Harlequin T-Shirt 17
- Ladies Harlequin Vest 6

Other popular items were the clearance items from pervious WA10k give-aways, shoe bags, buffs, etc

- Charity goods sold well, with the calendars a complete sell out.
- AW10k give-aways
- At last year's AW10k, we used 135 medals left over from a previous WA10k by buying replacement ribbons.

Fundraising in 2023



- Overall, we raised £1,725 for our charity of the year Playskill
- Top 3 fundraising events were:
 - Bingo £450
 - BBQ £255
 - Quiz night £1020



Charity nominations for 2024

- Three members have nominated charities for 2024
 - A survey will go out asking for members to pick one for the club to fundraise for in 2024
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Charity nomination 1 South-West Hertfordshire Samaritans

- Fundraising for local branch not the national charity
- Two members of WJ are listening volunteers at the branch
- Currently have 113 listening volunteers
- As well as taking calls the branch is also involved with the local community
- Monthly visits to the Mount Prison
- Visiting schools on request to describe what we do
- Presence at railway stations
- The national charity funds the organisation but local branches need to do their own fundraising. Grants have substantially reduced, so fundraising is vital

Charity
Nomination 2
Hertfordshire
Mind

Mind Hertfordshire Network provide vital services for adults and young people with ill mental health, living in Hertfordshire

They engage former sufferers and rely on their first-hand knowledge of the issues, to develop strategies and solutions

Their mission is to raise awareness and fight the stigma associated with ill mental health

Services include counselling, giving financial advice and explaining their rights in the workplace

Watford Joggers are the best sponsor for positive mental health through active healthy lifestyles

Through our ethos, our public image and our fundraising we could really make a difference for people with ill mental health



Charity
Nomination 3
NACOA

- NACOA (The National Association for Children of Alcoholics) is a small Bristol based charity founded in 1990 to provide help and support for everyone affected by a parent's drinking
 - Their mission statement is, 'that every child has the right to a happy childhood and to live a creative and meaningful life'
 - Sadly, when drink is the family secret, children are likely to experience trauma, neglect and other problems in their own homes
 - This is a charity very close to Paul Hogan's heart and he would ask for your support
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Subscriptions for 2024



Committee recommendation for 2024:-

- Existing member £5
- Family member £5
- Life and 70 years free
- New members £30
- New members receive a free running top
- EA £19.00